



# Make Your Own Popcorn

Prep Time: 5 mins Cook Time: 10 min Serves: 6

## Ingredients:

- 1/2 cup popcorn kernels
- 2 Tbsp oil

.....

### Italian Herb:

- 1 Tbsp nutritional yeast
- 1 Tbsp fresh herbs (or 1 tsp dried)
- 1/2 tsp salt
- 1/2 tsp pepper

### Spicy:

- 1 tsp cayenne
- 1 tsp paprika
- 1 tsp chili pepper
- 1/2 tsp salt

### Lime cilantro:

- 1/2 lime juiced
- 2 Tbsp fresh cilantro (cut small) OR 1 tsp dried cilantro
- 1/2 tsp salt
- 1/2 tsp pepper

### Honey Cinnamon:

- 3 Tbsp honey
- 1/2 tsp salt
- 4 tsp cinnamon
- 1 1/2 tsp water

## Instrucciones:

1. Heat oil in a large pot on medium heat.
2. Put one or two kernels into pot and wait until they pop.
3. Add the rest of the kernels and shake continuously until popping slows.
4. Remove from heat.
5. Mix seasonings in a separate bowl.
6. Combine popcorn and seasonings.

